



DAILY SESSION FORM – Maximum 1 ½ Hours (£5.00)

PERSONAL DETAILS:

Title:	Forenames:	Surname:
DOB:	Address:	
Telephone No:	Email:	

UNDERTAKING:

- I hereby acknowledge that I have read the King's Bastion Leisure Centre Fitness Gym Rules and Conditions overleaf and agree to be bound by them.

Data Protection: All personal information held will be processed in accordance with the Data Protection Act. This form will remain on file for as long as administratively necessary and will then be destroyed.

Signature:

Date:

FOR OFFICE USE

Date Received:	Amount Paid:	
Staff Member Name:	Signature:	Date:

This form must be accompanied by i)

***Daily Session Fee - cash or cheque.
(Cheques - payable to King's Bastion Leisure
Centre Ltd).***



MEMBERSHIP FORM			
PERSONAL DETAILS:			
Title:	Forenames:	Surname:	
DOB:	Address:		
Telephone No:		Email:	
MEMBERSHIP: (please tick appropriate box)			
Monthly – All Hours (£25) Monday to Friday 08:00 to 23:00 Saturday 08:00 to 15:00	<input type="checkbox"/>	Annual – All Hours (£250) Monday to Friday 08:00 to 23:00 Saturday 08:00 to 15:00	<input type="checkbox"/>
Monthly – Off Peak (£15) Monday to Friday 10:00 to 12:00 & 14:30 to 16:30	<input type="checkbox"/>	Annual – Off Peak (£150) Monday to Friday 10:00 to 12:00 & 14:30 to 16:30	<input type="checkbox"/>
<i>Please note:</i> 1. Membership is conditional on attending an induction session at a cost of £25. This cost is included in the annual membership fee, but is payable with the first monthly payment, if paying monthly. 2. Users will be required to attend an induction session every twelve months. 3. Members should note that cleaning of equipment will be in progress daily between 12:00 and 12:30, and 16:30 and 17:00. During these times, some Gym equipment may not be available for use.			
UNDERTAKING: I hereby acknowledge that I have read the King's Bastion Leisure Centre Fitness Gym Rules and Conditions overleaf and agree to be bound by them.			
<i>Data Protection:</i> All personal information held will be processed in accordance with the Data Protection Act. This form will remain on file for as long as administratively necessary and will then be destroyed.			
Signature:		Date:	

FOR OFFICE USE			
Date Received:	Amount Paid:		
Membership No:	Induction Appointment:		
Start Date:	Expiry Date:		
Staff Member Name:	Signature:	Date:	

This form must be accompanied by

- i)
- ii)
- iii)

Passport photo of User.
Membership Fee - cash or cheque.
Induction Fee – if paying monthly.
(Chqs - payable to King's Bastion Leisure Centre Ltd)



RULES AND CONDITIONS OF USE

1. Members must be aged 16 or over.
2. All members are to present their valid membership card to the Reception staff each time they enter the Gym. Failure to present valid membership may result in entry being denied.
3. All users must sign in and out of the facilities using the register provided at Reception.
4. Locker keys are available from Reception. Lockers are only available to persons using the Gym facilities at that time and will be emptied every night.
5. All users must ensure they vacate the premises at the allocated times. Off-peak members will only be allowed access to the facilities during the allocated times. There will be strict adherence to opening and closing times.
6. Abuse or misuse of the equipment and/or facilities will result in those responsible being asked to leave the premises. Persistent abuse will result in membership being revoked and no monies refunded.
7. Users are required to wear proper training attire including appropriate footwear, as determined by Gym staff, at all times.
8. Users must strictly follow the instructions for use displayed on the equipment.
9. No eating or smoking is allowed within the Gym and its peripheral facilities.
10. In the interest of hygiene, members are required to have a towel with them whilst exercising on the premises and are required to ensure that equipment is left clean and dry after use, using the paper towels provided.
11. Users must return weights and/or any other loose equipment to its proper place when activity is completed.
12. Users are expected to immediately report any injury (no matter how minor) or any equipment irregularity to a member of staff on duty.
13. Users should, when in doubt about the use of any equipment, consult the staff members on duty.
14. Users must comply with instructions issued by Gym staff at all times. Failure to do so will result in the user being asked to leave the facility immediately and further action will be taken by Management as necessary.
15. King's Bastion Leisure Centre will not be liable for any loss or injury incurred whilst using the Fitness Gym facilities.
16. The purpose of the Fitness Gym is to assist in improving fitness levels. However, it is essential that all users ensure (and seek medical advice if necessary) that their fitness level is suitable for the exercise they wish to perform. King's Bastion Leisure Centre will accept no responsibility in this respect.